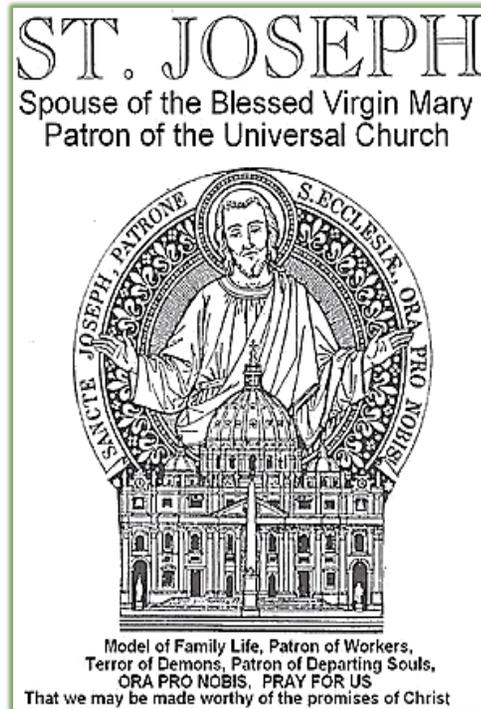


Litany of St. Joseph

Lord, have mercy.
Christ, have mercy.
Lord, have mercy.
Christ, hear us.
Christ, graciously hear us.

God, the Father of Heaven, have mercy on us.
God the Son, Redeemer of the world, have mercy on us.
God the Holy Ghost, have mercy on us.
Holy Trinity, One God, have mercy on us.

Holy Mary, Pray for us.*
St. Joseph, *
Renowned offspring of David, *
Light of Patriarchs, *
Spouse of the Mother of God, *
Chaste guardian of the Virgin, *
Foster father of the Son of God, *
Diligent protector of Christ, *
Head of the Holy Family, *
Joseph most just, *
Joseph most chaste, *
Joseph most prudent, *
Joseph most strong, *
Joseph most obedient, *
Joseph most faithful, *
Mirror of patience, *
Lover of poverty, *
Model of artisans, *
Glory of home life, *
Guardian of virgins, *
Pillar of families, *
Solace of the wretched, *
Hope of the sick, *
Patron of the dying, *
Terror of demons, *
Protector of Holy Church, *



Lamb of God, Who takest away the sins of the world, Spare us, O Lord!
Lamb of God, Who takest away the sins of the world, Graciously hear us, O Lord!
Lamb of God, Who takest away the sins of the world, Have mercy on us!

V. He made him the lord of His household.
R. And prince over all His possessions.

Oremus:

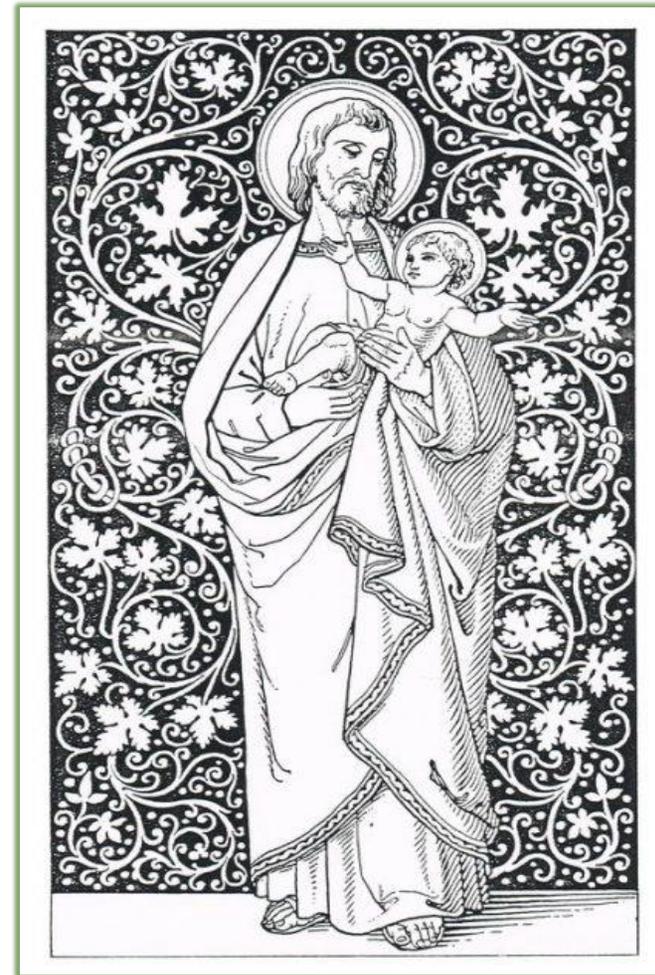
O God, in your ineffable providence didst vouchsafe to choose Blessed Joseph to be the spouse of your most holy Mother; grant, we beseech Thee, that we may be worthy to have him for our intercessor in heaven whom we venerate as our Protector on earth: Who livest and reignest forever and ever. Amen.

Mater Dei Latin Mass Community

✠ ✠ ✠

March 2026

Month of St. Joseph



We beseech thee, O Lord, that we may be helped by the merits of the Spouse of Thy Most Holy Mother: so that what we cannot obtain of ourselves, may be given to us through his intercession: Who lives and reigns, in the unity of the Holy Ghost, God, world without end. Amen.

~ Collect, Feast of St. Joseph

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SUNDAY MASS

10:30 AM

Daily Masses *see page 3.

Sacrament of Penance: Confession time is one hour prior to all scheduled Masses, or by appointment.

Other Sacraments / Requiems (funerals) / Inquiries: Please contact office.

All Masses are offered at St. Michael Church – 48 William Av, Coniston

***THE HOLY ROSARY IS PRAYED PUBLICLY 40 MINUTES PRIOR TO ALL MASSES, WITH AN OPPORTUNITY TO GAIN (UNDER USUAL CONDITIONS) A PLENARY INDULGENCE.



FIRST FRIDAY DEVOTIONS

To complete, one must: receive Holy Communion, in the state of grace, on **NINE CONSECUTIVE FIRST FRIDAYS OF THE MONTH**, in honour of, and, for reparation to, the Sacred Heart of Jesus. Devotion includes:

4PM ~ Holy Hour with Exposition, Acts of Consecration & Reparation, Litany, Adoration & Solemn Benediction

5PM ~ Confessions (5:20 ~ Rosary)

6PM ~ SHJ Votive Mass (as the Ordo permits)

FIRST SATURDAY DEVOTIONS

To complete, one must: receive Holy Communion, in the state of grace, on **FIVE CONSECUTIVE FIRST SATURDAYS OF THE MONTH**, in honour of, and, for reparation to, the Immaculate Heart of Mary. Devotion includes:

10AM ~ Confessions (10:20 ~ Rosary)

11AM ~ IHM Votive Mass (as the Ordo permits)

After Mass: Acts of Consecration & Reparation, Litany, & Keeping our Lady company for 15 minutes while meditating on the Mysteries of the Rosary.



Mary's Little Lambs

Story & Activity Hour for Boys & Girls

First Sunday of Every Month

~ after Mass in the church hall

STATIONS OF THE CROSS DURING LENT



Fridays, 4:30 PM

*BEGINNING 27 FEBRUARY & ENDING 27 MARCH

*EXCEPT 4:30 THURSDAY DURING WEEK OF FIRST FRIDAY & FIRST SATURDAY

****A plenary indulgence (under the usual conditions) may be gained daily when a pious WAY OF THE CROSS is said (publicly or privately) before legitimately erected Stations, i.e. in a church.**

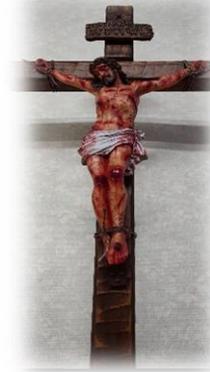
Mass of Chrism

The Mass when the Bishop blesses all the oils for the Sacraments for the year, is on Tue, 24 March in Sault Ste. Marie. There will be no Masses scheduled at Mater Dei on the 23rd and 24th of March. Mass will resume at 6PM, on the 25th, for the Feast of the Annunciation. Please pray for the Bishop, and all the priests.

PLENARY INDULGENCE DURING LENT

On the Fridays of Lent (under the usual conditions) the faithful may receive a **PLENARY INDULGENCE** if they recite the **PRAYER BEFORE A CRUCIFIX** after Communion (as during thanksgiving prayers). The indulgence is partial any other time.

**LOOK DOWN UPON ME, GOOD AND GENTLE JESUS,
WHILE BEFORE THY FACE I HUMBLY KNEEL,
AND, WITH BURNING SOUL,
PRAY AND BESEECH THEE
TO FIX DEEP IN MY HEART LIVELY SENTIMENTS
OF FAITH, HOPE, AND CHARITY;
TRUE CONTRITION FOR MY SINS,
AND A FIRM PURPOSE OF AMENDMENT.
WHILE I CONTEMPLATE,
WITH GREAT LOVE AND TENDER PITY,
THY FIVE MOST PRECIOUS WOUNDS,
PONDERING OVER THEM WITHIN ME
AND CALLING TO MIND THE WORDS WHICH DAVID,**



**THY PROPHET, SAID OF THEE, MY JESUS:
"THEY HAVE PIERCED MY HANDS AND MY FEET,
THEY HAVE NUMBERED ALL MY BONES." AMEN.**

INSTRUCTION AND PRAYERS FOR CONFESSION

Whoever you are, O Christian soul, that approaches the holy Sacrament of Penance, remember that you are going to undertake a work on the good performance of which, more than any other duty, your eternal welfare depends.

Therefore, retire apart from every external source of distraction, place yourself in the presence of God, and humbly adore Him. Represent to yourself that this may be the last confession you will ever have the opportunity of making. Let this reflection induce you to discharge every part of your duty, both as to the examination of your conscience, your sorrow for your sins, your firm purpose of amending your life, and the sincerity of your confession, in the most perfect manner possible.

Begin by imploring the light and grace of Almighty God, Who alone can discover to you the malice of your sins, and can give you true repentance.

PRAYER BEFORE EXAMINATION OF CONSCIENCE

Most merciful God, Father in heaven, relying on Thy goodness and mercy, I come to Thee with filial confidence to confess my sins and to implore Thy forgiveness. Thou wilt not despise a contrite and humble heart. Bless me and receive me again into Thy favour; I acknowledge that I have been most ungrateful to Thee, but I sincerely repent and detest the wrong I have done, and I desire henceforth to walk in the way of perfection. O Jesus, my Saviour, my good Shepherd, I have strayed far from the path that Thou hast marked out for me; I did not follow in Thy footsteps; I wandered into forbidden places. Repentant and sorrowful, I beg to be admitted again into the fold of Thy faithful followers. I want to confess my sins with the same sincerity as I should wish to do at the moment of my death. My Jesus, I look to Thee with confidence for the grace to examine my conscience well. O Holy Spirit come in Thy mercy; enlighten my mind and strengthen my will that I may know my sins, humbly confess them, and sincerely amend my life. Mary, my Mother, immaculate Spouse of the Holy Ghost, refuge of sinners, assist me by thy intercession. Holy Angels and Saints of God, pray for me. Amen.

PRAYER BEFORE CONFESSION

Receive my confession, O most kind and merciful Lord Jesus Christ, the one hope of my soul's salvation. Grant, I beseech Thee, contrition to my heart, and tears to my eyes, that I may weep day and night with a humble and pure heart for all my negligences. O Lord, my God, receive my prayers. Saviour of the world, O good Jesus, Who gave Thyself to death on the cross that Thou might make sinners safe, look down upon me a wretched sinner, calling upon Thy Holy Name. Do not so regard my evil that Thou forget Thy own goodness. If I have done that for which Thou shouldst condemn me, Thou hast not lost the power to save. Spare me, therefore, Thou Who art my Saviour, and have mercy on my sinful soul. Break the bonds; heal my wounds. Send forth, O most gentle Lord, through the merits of most pure and immaculate Mary ever Virgin, Thy Mother, and all the Saints, Thy light and Thy truth into my soul, that it may show to me in very truth all those defects which I ought to confess. Aid me and teach me to reveal them with a full and contrite heart: Who lives and reigns world without end. Amen.

PRAYER AFTER CONFESSION

I beseech Thee, O Lord God, that this confession of mine may through the merits of the Blessed Virgin Mary, Thy Mother, and all the Saints, be pleasing and acceptable to Thee. Whatever is wanting in me, or may have been wanting at other times, inadequacy of contrition, purity and integrity of confession, may Thy kindness and mercy supply. Through it make me worthy to have a fuller and more perfect forgiveness in heaven: Who lives and reigns world without. Amen.

March Schedule of Masses

(NPM = No Public Mass)

01 SUN, 10:30 AM – SECOND SUNDAY OF LENT

02 Mon, NPM – Feria of Lent

03 Tue, 6:00 PM – Feria of Lent

04 Wed, 6:00 PM – Feria of Lent (St. Casimir, St. Lucius)

05 1st Thu, 6:00 PM – (Votive) Jesus Christ the High Priest (Feria)

06 1st Fri, 6:00 PM – (Votive) Sacred Heart of Jesus (Feria)

07 1st Sat, 11:00 AM – (Votive) Immaculate Heart of Mary (Feria, St. T. Aquinas)

08 SUN, 10:30 AM – THIRD SUNDAY OF LENT

09 Mon, NPM – Feria of Lent (St. Frances of Rome)

10 Tue, 6:00 PM – Feria of Lent (The Forty Holy Martyrs)

11 Wed, 6:00 PM – Feria of Lent

12 Thu, 6:00 PM – Feria of Lent (St. Gregory)

13 Fri, 6:00 PM – Feria of Lent

14 Sat, 11:00 AM – Feria of Lent

15 SUN, 10:30 AM – FOURTH SUNDAY OF LENT (LAETARE)

16 Mon, NPM – Feria of Lent

17 Tue, 6:00 PM – Feria of Lent (St. Patrick)

18 Wed, 6:00 PM – Feria of Lent (St. Cyril)

19 Thu, 6:00 PM – St. Joseph, Spouse of the Bl. V. Mary (Feria)

20 Fri, 6:00 PM – Feria of Lent

21 Sat, 11:00 AM – Feria of Lent (St. Benedict)

22 SUN, 10:30 AM – PASSION SUNDAY

23 Mon, NPM – Monday of Passion Week

24 Tue, NPM – Tuesday of Passion Week (St. Gabriel the Archangel)

25 Wed, 6:00 PM – Annunciation of the Bl. V. Mary (Feria)

26 Thu, 6:00 PM – Thursday of Passion Week

27 Fri, 6:00 PM – Friday of Passion Week (7 Sorrows of the BVM, St. Damascene)

28 Sat, 11:00 AM – Saturday of Passion Week (St. Capistran)

29 SUN, 10:30 AM – PALM SUNDAY

30 Mon, 6:00 PM – Monday of Holy Week

31 Tue, 6:00 PM – Tuesday of Holy Week

NECESSITY OF PENANCE by Dom Bernard Hayes, O.S.B.

The Church wishes each of her children, in imitation of Christ, to spend a like period each year in penance and recollection. Her discipline of penance is mainly under the form of fasting. Fasting has been defined as an "abstinence, which man voluntarily imposes upon himself, as an expiation for sin, and which, during Lent, is practiced in obedience to the general law of the Church." She insists upon penance, because it is clear from the Scriptures that God demands it, and in choosing this form of it, the Church was not guided merely by natural wisdom, but by the evidence in the Old and New Testaments that this was acceptable to God.

Let us take some examples. In the prophecy of Jonas we read that "the word of the Lord came to Jonas, saying: 'Arise and go to Ninive, the great city, and preach in it the preaching that I bid thee.'" And Jonas arose and, entering into the city, cried: "Yet forty days and Ninive shall be destroyed." And the men of Ninive believed in God: and they proclaimed a fast and put on sackcloth, from the greatest to the least. And God saw their works that they were turned from their evil way: and God had mercy with regard to the evil which He had said He would do to them, and He did it not" (Jonas 3). In the Book of Deuteronomy we have another striking example of God's wrath being turned aside by penance and prayer. Moses recalls to the memory of the people how, in Horeb, they had provoked God to wrath and would have been destroyed for their idolatry. After having received the commandments upon tablets of stone, he came down the mountain and found the people adoring the golden calf. "And I fell down," he says, "before the Lord, forty days and nights, neither eating bread nor drinking water, for all your sins which you had committed against the Lord, and had provoked Him to wrath. And I lay prostrate before the Lord forty days and nights, in which I humbly besought Him that He would not destroy you as He had threatened" (Deut. 9).

Thus throughout the Old Testament we find that: when men had sinned they strove to appease the wrath of God by bodily penance and by humble prayer. The same gospel of penance is preached by the second Elias, St. John the Baptist, who preceded the first coming of the Son of God upon earth, as Elias himself is to come "to restore all things" before Jesus Christ comes to Judge the world. We read in St. Mark's gospel that: "John was in the desert, baptising and preaching the baptism of penance unto remission of sins" (Mark 1: 4). He spoke to the multitudes in strong words; he did not suit his words to the degenerate views of his day. "Ye offspring of vipers," he cried, "who hath showed you to flee from the wrath to come? Bring forth fruits worthy of penance" (Luke 3).

Is it surprising then, my brethren, that the first public lesson given to men by our Saviour Himself is the lesson of penance? Nay, should not we be surprised if He, who had sent as His herald one "clothed with a garment of camel's hair, and whose food was locusts and wild honey," had lived a life in which penance found no place? Therefore, after His baptism by St. John in the Jordan, He withdrew into the desert wastes and for "forty days and forty nights" He tasted neither food nor drink.

The years of His public life also were filled with penitential labours. All the day He worked for His people and the nights He spent in prayer. His lot in life could have been so different; but He chose suffering as His portion, as St. Paul testifies: "Having joy set before Him, He endured the cross, despising the shame" (Heb. 12: 2). His test of a true follower is: "Can you drink of the chalice that I shall drink?" (Matt. 20: 22).

Once when our Lord had foretold His approaching passion, St. Peter said: "Lord, be it far from Thee, this shall not be unto Thee." Who, turning to Peter, said: "Go behind Me, Satan, thou art a scandal unto Me: because thou savourest not the things that are of God, but the things that are of men." → ↑

Then Jesus said to His disciples: "If any man will come after Me, let him deny himself, and take up his cross, and follow Me" [Matt. 16: 22]. On another occasion Christ said: "Unless you shall do penance, you shall all likewise perish" (Luke 13: 3). Not only did our Divine Lord insist upon penance in general, but He wished that particular form of penance, known as "fasting," to be practiced under the New Law: "The days will come," He said, "when the bridegroom shall be taken away from them, and then they shall fast" (Matt. 9: 14). Such was the teaching and example of Christ. What, my dear brethren, was the result? When the Apostles went forth to win the pagan world, to convert it to Christ, they preached salvation through penance. St. Paul told the Corinthians that the message he brought from God to men was an unpopular one: "We preach Christ crucified, unto the Jews indeed a stumbling block, and unto the gentiles foolishness" (1 Cor. 1: 23). St. Peter, in his first epistle, wrote: "Christ, having suffered in the flesh, be ye armed with the same thought: for he that hath suffered in the flesh hath ceased from sins" (1 Pet. 4: 1).

Veiling of Statues & Icons During Passiontide

This ancient Catholic practice stems from the traditional liturgical calendar in which the old Gospel reading for the Fifth Sunday of Lent (*Passion Sunday and the start of Passiontide*) tells us how Jesus hid Himself away from the Jews when they attempted to stone Him.

According to St. Augustine, at this moment when Jesus "hid Himself" from the Jews, Christ, in fact, became invisible by virtue of His Divine nature. To help signify this mystery, crucifixes and images of Christ are veiled with purple cloth on the evening before the start of the Passiontide. The same goes with the images of the Saints, as it is befitting that if the glory of the Master is hidden, then His servants should likewise not appear.



Prayer to the Mother of Sorrow



O Mother of Sorrow, by the anguish and love with which you did stand at the Cross of Jesus, stand by me in my last agony. To your maternal heart I commend the last three hours of my life. Offer these hours to the Eternal Father in union with the agony of our dearest Lord in atonement for my sins. Offer to the Eternal Father the most Precious Blood of Jesus, mingled with your tears on Calvary, that I may obtain the grace of receiving Holy Communion with the most perfect love and contrition before my death, and that I may breathe forth my soul in the adorable presence of Jesus. Dearest Mother, when the moment of my death has at last come, present me as your child to Jesus. Ask Him to forgive me for having offended Him for I know not what I did. Beg Him to receive me into His Kingdom of glory to be united with Him forever. Amen.